



October 2018 Lunch



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| 1. Taco Soup WG Corn Tortilla Chips Fresh Broccoli Pears Oatmeal Cookie (9-12) Milk | 2. Whole Grain Corn Dog Fresh Carrots Pasta-veggie Salad Apple Milk NO Opt. Salad | 3. Chicken n Noodles Mashed Potatoes Corn Roll Pineapple Chunks Milk | 4. Chicken Fajita Salad w/wg Chips Refried Beans Cinnamon Bun Oranges Milk NO Opt. Salad | 5. Cowboy Cavatini Tossed Salad w/ Spinach Steamed Carrots Whole Wheat Roll (9-12) Fresh Banana Milk |
| 8. NO SCHOOL Teacher In Service | 9. Pork Rib on a Bun Romaine & Tomato Tri-Tater/Seasoned Fries Broccoli Fresh Kiwi Milk Opt. Side Salad One (6-12) | 10. Lasagna Corn WG French Garlic Bread Cinnamon Apples Milk | 11. BBQ Grilled Chicken Patty Mashed Potatoes/Gravy Steamed Carrots WW Roll Mandarin Oranges Milk Opt. Side Salad One (6-12) | 12. Sloppy Joes Sweet Potato Fries Sun Chips (9-12) Baked Beans Rosy Applesauce Milk |
| 15. Pig in a Blanket Potato Wedges Broccoli w/Cheese Mandarin Oranges Milk | 16. Chicken Wrap Romaine/Tomato Spanish Rice (6-12) Steamed Carrots Tropical Fruit Milk Opt. Side Salad One (6-12) | 17. Skroodlegetti Salad Peas (9-12) Garlic Bread Sticks (9-12) Peaches Milk | 18. Walking Taco Black Beans Cinnamon Bun Pineapple Rings Milk | 19. ½ Day NO LUNCH Teacher Work Day |
| 22. Hamburger/Bun Romaine/Tomato Sweet Potato Fries Oatmeal Cookie Pears Milk | 23. Chicken Nuggets Mash. Potatoes/Gravy Broccoli WW Roll (6-12) Strawberries Milk Opt. Side Salad One (6-12) | 24. Chili Celery/Cucumber/Carrots Cinnamon Roll Peaches Milk | 25. NO SCHOOL Teacher In Service | 26. NO SCHOOL Teacher Comp Day |
| 29. Cheeseburger Pockets Potato Wedges Broccoli Tropical Fruit Milk | 30. Cheese Pizza Romaine/Spinach Salad Cinnamon Apples Milk | 31. Taco Burger Shredded Romaine Tomatoes Refried Beans Corn/Black Bean Salsa w/Chips (9-12) Pears Milk | | |

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk

Extra Milk is .35

ALL students will have choices of fruit (K-12)

ALL BREADS made in the USD 270 Kitchen are Whole Grain

This Institution is an Equal Opportunity Provider