

HS Volleyball Practice @ 5:30am Cardinal Gym

HS Football Practice @ 6:00am at Weight Room

JH Football Practice @ 7:00am at Weight Room

**JH/HS Cross Country Practice @ 7:00am in front of
Highschool**

JH Volleyball Practice @ 3:45pm Cardinal Gym

HS Volleyball Parent Meeting @ 6:00pm Cardinal Gym

JH/HS Football Parent Meeting @ 6:30pm Cardinal Gym