



Promoting
Healthy
Living

September 2020 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Chicken Wrap Romaine/Tomato Spanish Rice Steamed Carrots Watermelon Milk	2. Skroodlegetti Peas Garlic Bread Peaches Milk	3. Taco Salad w/WG Chips n Salsa Refried Beans Cinnamon Bun Pineapple Chunks Milk	4. Chicken n Noodles Mashed Potatoes Green Beans Roll Orange Wedges Milk
7. No School 	8. Chicken Nuggets French Fries WW Roll Steamed Carrots Tropical Fruit Milk	9. Tomato Soup Fresh Broccoli Toasted Cheese Sandwich Peaches Milk	10. Baked Ham Slice Baked Beans Oven Potatoes Roll Apples Milk	11. Biscuits & Gravy Sausage Patty Tri-Tater Celery Sticks Orange Wedges Milk
14. Turkey n Cheese Sandwich Potato Wedges Broccoli Tropical Fruit Milk	15. Pepperoni Pizza Romaine/Spinach Salad Apples Milk	16. Taco Burger Shredded Romaine Tomatoes Refried Beans Pears Milk	17. Italian Pasta Bake Fresh Gr. Peppers Fresh Baby Carrots Garlic Bread Stick Mandarin Oranges Milk	18. Chicken Pattie Ranch Mashed Potatoes California Blend WW Roll Grapes Milk
21. Beef and Bean Burrito Romaine/Tomato Mexi-Corn Salsa Chips (9-12) Apples Milk	22. Stromboli Squares Broccoli Tater Tots Rosy Applesauce Milk	23. BBQ Beef on a Bun Sweet Potato Puffs Fresh Carrots/Ranch Mandarin Oranges Oatmeal Cookie Milk	24. Flatbread Tacos Romaine & Tomato Black Beans Peaches Milk	25. Country Style Beef Pattie Mashed Potatoes & Gravy Green Beans WW Roll Banana Milk
28. Taco Soup Tortilla Chips Cinnamon Bread Stick Fresh Broccoli Pears Milk	29. WG Corn Dog Italian Pasta Salad Baked Beans Apple Milk	30. Chicken n Noodles Mashed Potatoes Steamed Carrots Roll Tropical Fruit Milk		

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk
Extra Milk .40

ALL students will have choices of fruit (K-12)
 ALL BREADS made in the USD 270 Kitchen are Whole Grain
 This institution is an equal opportunity provider